



Solent Forts Weekend
Windward Leeward Racing
Saturday 18 July 2026
Hayling Ferry Sailing Club
Hayling Island

SAILING INSTRUCTIONS (SIs)

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be described at the race briefing

3 SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed at the Club flagpole in the dinghy compound.
- 3.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.

4 SCHEDULE OF RACES

- 4.1 3 back-to-back races will be sailed.
- 4.2 The scheduled time of the warning signal for the first race is 14:25.
- 4.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

5 CLASS FLAG

- 5.1 The class flag will be code flag 'C'.

6 RACING AREA

- 6.1 The race area is shown in Addendum A.

7 COURSE

7.1 Addendum B shows the course, the order in which the marks are to be passed, and the side on which each mark is to be left.

7.2 Race finish positions will be calculated using average lap times.

8 MARKS

8.1 The marks will be described at the Competitor's briefing.

9 OBSTRUCTIONS

9.1 The following are obstructions within or bounding the primary race area:

- The Submarine Barrier (connecting Horse Sands Fort to the mainland off Portsmouth) bounding the west side of the racing area
- The Roway Wreck (identified by IALA isolated danger mark (2 black balls))
- The swimming area off Eastney marked by yellow spherical buoys approximately 100 metres off shore

10 THE START

10.1 Races will be started using RRS 26.

10.2 The starting line will be between the mast of the Committee Boat and the course side of the port-end starting mark. An orange flag will be flown from the Committee Boat to indicate that a course is set.

10.3 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing This changes RRS A4 and A5.

10.4 No individual recall numbers will be displayed.

11 CHANGE OF THE NEXT LEG OF THE COURSE

11.1 To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.

11.2 If a gate is replaced by one mark only, this mark is to be left to port.

12 THE FINISH

12.1 The finishing line will be between the mast of the Committee Boat and the course side of the port-end finishing mark.

12.2 After the start, boats shall continue sailing until a blue flag is flown from the Committee Boat, after which boats shall complete the lap that they are on (passing through gate 3S/3P) and cross the finish line to complete the race.

12.3 The Race Committee may position a support boat with a blue flag or blue shape at gate 3S/3P to highlight the requirement to finish. However, this cannot be

guaranteed and Boats shall check for the presence of a blue flag when approaching gate 3S/3P.

13 PENALTY SYSTEM

- 13.1** RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

14 TIME LIMITS AND TARGET TIMES

- 14.1** The target time for the first boat to finish is 45 minutes.
- 14.2** If no boat has passed the first mark within 20 minutes of the start the race shall be abandoned.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1** Hearing request forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within 60 minutes of when the last boat has finished the last race of the day.

16 SAFETY REGULATIONS

- 16.1** Boats are advised that the race area is close to a busy shipping channel; the ships using the channel are constrained by their draft with very restricted ability to manoeuvre. All boats are reminded of their obligation to maintain a good lookout and to keep clear of all shipping.
- 16.2** Boats shall sign-on using the race sheet before going afloat [DP¹].
- 16.3** A boat that retires shall notify the Race Committee (either by approaching the Committee Boat or informing a Support Boat) [DP].
- 16.4** Boats shall sign-off via the race sheet immediately after coming ashore [DP].
- 16.5** RRS 40.2 (Personal Buoyancy) applies at all times when afloat; code flag Y will not be flown [DP].

17 EQUIPMENT AND MEASUREMENT CHECKS

- 17.1** A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

29 PRIZES

Prizes will be awarded for first, second and third place.

30 RISK STATEMENT

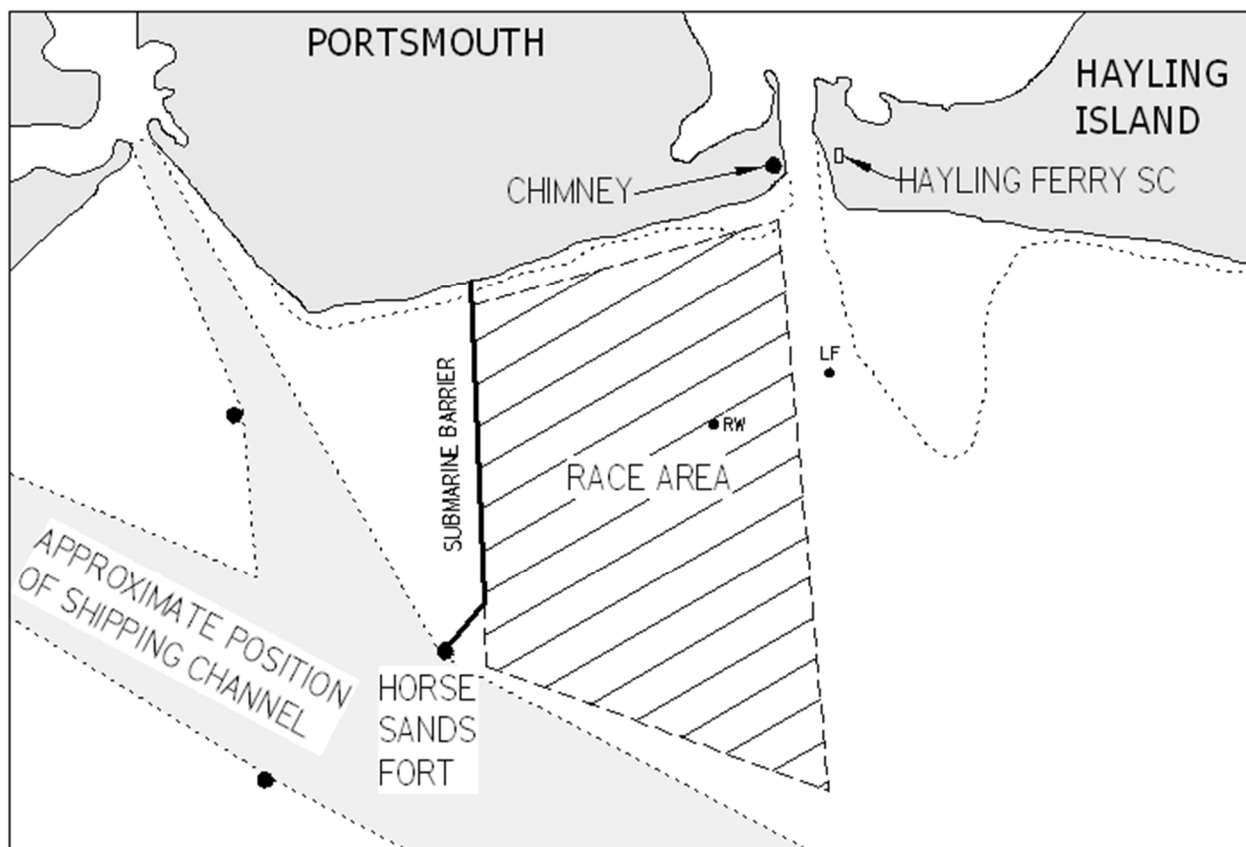
¹ 'DP' refers to Discretionary Penalty

- 30.1** RRS 3 states: ‘The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.’ By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

31 INSURANCE

- 31.1** Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000 per incident or the equivalent.

Addendum A – Racing Area



Addendum B – Course Diagram

